

Burn calories, make friends, prevent Alzheimer's, lower blood pressure, improve balance, fun

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## FUN and EXERCISE!

Pair that with music and dancing

# Square Dance Lessons

Charlotte Jeskey—Instructor

## Lebanon Square Circlers

[www.lebanonsquarecirclers.com](http://www.lebanonsquarecirclers.com)

Starts September 16th, 2018

Sundays 6:30pm—8:00pm

No partner required!

I.O.O.F Hall  
20 Ash St. Lebanon

No partner required!

The first class is FREE!

\$5.00 per person  
or \$12.00 per family per lesson

No experience required

Kids welcome

Meet great people

No partner required

Good family fun and exercise

It's fun for all ages (7 to 107!)

It's not expensive

Drug, alcohol, and smoke free

Singles welcome

No partner required

For further information call 503-838-5113 or 541-401-9780

or visit us on the web at [www.lebanonsquarecirclers.com](http://www.lebanonsquarecirclers.com)

*Dances are held 1<sup>st</sup> and 3<sup>rd</sup> Saturday nights at the Odd Fellows Hall, 20 East Ash Street.*

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