

# Interested in Fun, Physical Activities?

Come and dance with us!

You will be dancing the first night!

It's a great social time!



## Modern Western Square Dance

It's Friendship, Fun & Fitness in one inexpensive activity! The only requirement is that you can walk at an even pace for periods of 15/20 minutes. Wear comfortable shoes and clothes, and come with a smile.

We play a variety of music: Soft rock, modern country, movie sound tracks, popular music.... and more. Something for everyone.

Singles, Couples, & Families (Children 12 and over, please) are welcome. It's a great family activity. Ready to have FUN and meet new people? Come on over and give it a try.

**The first lessons is FREE to try... We meet every Tuesday beginning September 24<sup>th</sup>, 7 to 8:45 PM at the IOOF Hall, 738 5<sup>th</sup> Ave SE, Albany, OR – upstairs.**

**TIMBER TWIRLERS SQUARE DANCE CLUB**

For more information call Judy 503-991-2161