

# **Interested in Fun, Physical Activities?**

**Come and dance with us!**

**You will be dancing the first night!**

**It's a great social time!**



## **Modern Western Square Dance**

**It's Fun & Fitness in one inexpensive activity!**  
**The only requirement is that you can walk at an even pace for periods of 15/20 minutes.**

**Wear comfortable shoes and clothes,  
and come with a smile.**

**We play a variety of music: Soft rock, modern country, movie sound tracks, popular music.... and more. Something for everyone.**

**Singles, Couples, & Families (Children 12 and over, please) are welcome. It's a great family activity. Ready to have FUN and meet new people?**  
**Come on over and give it a try.**

**The first lesson is FREE to try, \$7 pp per lesson after that... We meet every Monday beginning September 15<sup>th</sup>, 7 to 8:45 PM at the IOOF Hall, 738 5<sup>th</sup> Ave SE, Albany, OR – upstairs. Parking available in rear.**

**TIMBER TWIRLERS SQUARE DANCE CLUB**

**For more information call Judy 503-991-2161 or email at  
[jrsquaredancer@gmail.com](mailto:jrsquaredancer@gmail.com)**